

Kia ora Heart Failure teams,

We are sure you are being bombarded with advice (and support hopefully) so our message regarding our HF patients for the time being is simple:

- Keep yourself safe
- Avoid face to face contact for HF patients
- Make sure they have crisis plans
- Minimise med changes, including up-titrations
- Minimise blood testing
- Work with your SMO locally to agree on a plan. I have suggested to our local CNS's an early phone call to ALL patients under their care, for reassurance, planning and to ensure that they have enough medication and the CNSs contact number
- Place the onus on most patients to contact the CNS as required rather than regular phone checks. There will be some that require calls and maybe urgent face to face clinic review, but hopefully not many.

Hang in there!

(British guideline attached that may be helpful)

Raewyn and Lia